

My son, keep your father's commandment, and forsake not your mother's teaching. Bind them on your heart always; tie them around your neck. When you walk, they will lead you; when you lie down, they will watch over you; and when you awake, they will talk with you.

**Proverbs 6:20-22**

Today's Scripture Text: **Psalm 1**

## **Our pleasures set the direction of our lives**

1. Delighting in God's Word
2. Meditating on God's Word

### **Delighting in God's Word**

I delight in the law of God, in my inner being. **Romans 7:22**

### **How do we cultivate delight in God's word?**

#### **3 absolute prerequisites**

The natural person does not accept the things of the Spirit of God, for they are folly to him, and he is not able to understand them because they are spiritually discerned. **1 Corinthians 2:14**

God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, **made us alive** together with Christ—by grace you have been saved. **Ephesians 2:4-5**

#### **1. Regeneration**

I delight to do your will, O my God; your law is within my heart. **Psalms 40:8**

This is the judgment: the light has come into the world, and people loved the darkness rather than the light because their works were evil. For everyone who does wicked things hates the light and does not come to the light, lest his works should be exposed. **John 3:19-20**

## 2. **Holiness**

Dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live. For all who are led by the Spirit of God are children of God. **Romans 8:12-14 NLT**

## 3. **Beholding Christ**

And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit. **2Corinthians 3:18**

